



News

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NO NEEDLE MESOTHERAPY OFFERS ADVANCED NON-INVASIVE TECHNOLOGY TO COMBAT CELLULITE

Medical research shows that cellulite affects 80 to 90 percent of women. According to a recent survey conducted 41 percent of women believe getting rid of cellulite will boost their self confidence and more than half of women in the United States have attempted to eliminate it.

Cellulite is an accumulation of fat, fluid, and toxins trapped in a hardened network of connective tissue fibers in the Mesoderm layer. The fat cells inflate, causing a rippling and puckering of the skin, commonly referred to as orange peel skin.

“No Needle Mesotherapy is a new, non-invasive medically supervised treatment that utilizes laser technology and a sequence of electrical waveforms to reduce the appearance of cellulite by addressing congested tissue areas on the thighs, buttocks, abdomen and upper arms..” said Jyotindra Shah M.D. the founder and medical director of the Amari Clinic in Scarsdale, New York. “It is an innovative effective and pain-free treatment for women interested in improving their appearance on areas of their body that are impacted by cellulite. The treatment uses a combination of light energy and electrical waveforms to increase local circulation in affected tissue areas. Because it is non-invasive, the treatment poses no known health risks for healthy patients, there are no known side effects and patients require no recovery time. The treatment also eliminates the potential for bruising or swelling.”

According to studies, visible changes from No Needle Mesotherapy can be seen after about four to six treatments. The treatments take only 30 minutes and patients can return to their normal schedules following the procedure. Dr. Shah recommends six to ten treatments to achieve the desired results.

Patients generally undergo six to ten treatments in order to see results, and visible cellulite reduction will generally be long lasting as long as the patient does not gain more than 15lbs in weight and modifies their dietary intake to avoid foods and additives that increase the risk of cellulite deposition. Dietary recommendations are suggested at the Amari Clinic at the time of the patients initial consultation. A typical time required to treat two areas of tissue such as the right and left outer thighs totals about 30 minutes, depending on the height and weight of the patient and the degree of cellulite deposition.

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Treatments are administered weekly, and patients usually begin to see results by the fourth treatment. After ten treatments, patients see a significant decrease in size, improved skin tone, and smoothing of cellulite. Typically patients lose four to ten inches in ten weeks. Mesotherapy is best used in conjunction with an overall program to improve health, including correcting imbalances and improving the diet.

Mesotherapy is also used as a therapy for sports injuries, pain management, and general medicine. Sports injuries that is treated with Mesotherapy include ligament sprains, muscle tears, overuse injuries, plantar fasciitis, shin splints, stress fractures, and tendon strains. Mesotherapy also may help heal calcifications in structures such as the biceps and rotator cuff tendons.

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About the Amari Clinic

The Amari Clinic is a new weight loss, Mesotherapy and aesthetic medicine practice in Scarsdale. Jyotindra Shah M.D., founder of the Amari Clinic completed his medical training in 1978 from Misericordia Medical Center in New York City and later became Board Certified in Bariatrics (Weight Loss Medicine). Visit our website at www.amariclinic.com.